

## Key Vocabulary

<b>Olympics</b>	An international sporting event featuring summer and winter sports competitions.
<b>Olympian</b>	A sports person taking part in the Olympics. In Greek mythology they were important gods.
<b>Mount Olympus</b>	Greece's highest mountain. Today, Mount Olympus is one of Greece's national parks. Ancient Greek people believed the mountain was home to powerful
<b>Zeus</b>	King of the Greek gods.
<b>artefact</b>	An object from the past.
<b>stadion</b>	The first Olympic competition. It was a race around the stadium.



The Ancient Greeks began the **lighting of the torch ceremony**. Runners would carry the torch through the states with the message that it was the start of the games.

# Ancient Greece and the Olympics

700-480 BCE

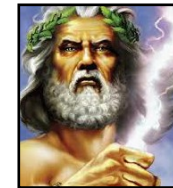
The first Olympics took place in Ancient Greece.

The different city states often fought but during the Olympics, peace was declared and everyone came together to enjoy the games.

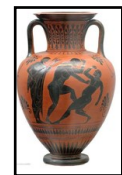
The games began in **776BCE** in Olympia. They were held here because **Mount Olympus** was believed to be the home of the gods.



It is believed that the games were a religious event to honour **Zeus** who was the king of the Gods.



Greek pottery is a useful **artefact** that helps us to find out about the Ancient Greek Olympics.



The **modern Olympics** include, swimming, cycling, boxing, equestrian events, golf, gymnastics, weightlifting, wrestling and much more. There are now over 300 events.



The first **ancient Olympics** included running, long jump, shot put, javelin, boxing, pankration (boxing and wrestling) and equestrian events.



The ancient Games were for men only. The modern games are for men, women and include the Paralympics.

