

Years 3/4 - Hinduism: How does the story of Rama and Sita inspire Hindus to follow their dharma?

Significant People

Rama was a king of Ancient India and the hero of the Ramayana story. He has become a Hindu deity (god). His wife **Sita** was kidnapped by the demon king **Ravana** before being rescued. She is the Hindu deity Lakshmi



The deities **Hanuman and Lakshman** are also heroes in the Ramayana story. Hanuman is a figure of strength and perseverance and Lakshman is the younger brother of Rama.



Key Vocabulary

Hindu	A follower of Hinduism.
Dharma	A duty or responsibility.
Raksha Bandhan	A Hindu festival celebrating brotherhood and love.
Ramayana	A Hindu epic (story) about the gods, Rama, Sita, Lakshman and Hanuman.
Murtis	An image to show part of the great spirit or god Brahman.
Mandir	A Hindu place of worship.
Artha	The human need to want wealth and possessions.
Kama	The human need for desire and pleasure.
Moksha	The end of the need for human pleasures and the release from being reborn again.

Hindu Marriage Marriage is an important rite of passage; an important move from the first stage of life, devoted to education, to the second, devoted to building a household and raising children.



Celebrations

Raksha Bandhan

This is a Hindu festival celebrating brotherhood and love. Raksha means protection, whilst Bandhan is 'to tie'. During the festival sisters tie a rakhi, a bracelet of red and gold threads, round their brothers' wrists. It is a reminder that the brother has a religious duty to protect her.



Diwali

The festival of Diwali is the celebration of the story of Rama and Sita. The lights in the story of Rama and Sita are remembered in the festival of lights. Diwali symbolizes the spiritual "victory of light over darkness, good over evil, and knowledge over ignorance"

