**MyMind website and social media**  
  
For more information about your local CAMHS service and access to a range of other resources about mental health you can visit our dedicated website for children and young people, parents/carers and professionals at: [mymind.org.uk](https://ebtk.co.uk/click/UUJrdEh1OERKUGh6WjJ1WFVTQWt6OVd6aFlrenFGNlVpWkpISEt4UDZZSDltcHc0V0E9PQ/UUI4dA)  
Our you tube channel and mymind twitter feed can also be accessed by clicking on the icons at the bottom of this newsletter.