



Looking for support without having to call?

Our new webchat service connects parents and carers with one of our advisors and helps you find the information you need to support your child's mental health.

Contact the YoungMinds Parents Helpline
www.youngminds.org.uk/webchat

Chat now

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YMI Parents
Helpline

0808 802 5544

youngminds.org.uk
Mon-Fri 9.30am-4pm